

## **PE and Sport at Stokes Wood**

Since Jan 2011 the impact of PE and Sport and the emphasis on the ethos and values of sport have increased tremendously. Since then, inclusivity, physical activity and FUN have been the important criteria for PE and School Sport. Every child is encouraged to take part in a club and those who do not want to be competitive are also catered for. The expertise of adult coaching and sporting skills is regularly used and those adults who wish to share their expertise and passion are able to do so. They also act as excellent role models. PE is seen as important as other curriculum areas, and indeed success and achievement in PE is used as a vehicle to raise confidence in academic areas. We can give lots of examples of children whose success in physical activity has raised their self-esteem as well as their attainment in other subjects. All teachers are able to teach their own PE; however, they are confident in the ability of their TAs, many of whom have coaching qualifications and or experience at a high level in a range of sports. TAs are offered and encouraged to attend CPD in all aspects of PE. The leadership does not let any opportunity pass by to invite professionals, talented amateurs, local clubs and other sports persons into school to share their expertise and enthusiasm with the pupils. There are so many opportunities out there which cost schools nothing. If you say yes once, it's amazing how many other opportunities follow. We have had regular involvement with Leicester City Football Club, Leicester Tigers Rugby Club, Leicester Riders Basketball Club, Leicester Badminton Club, Leicestershire County Cricket Club, New College, De Montfort University and many more. These provide opportunities in curriculum time, lunchtimes and after school. Activities we cover in curriculum and extra curriculum time are included elsewhere on the website. In curriculum time, the full range of activities are covered from Nursery (AGE 3) to Y6 (National Curriculum programme of Study) and much more to enrich the experience and opportunity for our pupils. Each department holds a Sports Day in National Sports Week, which combines competition with fun and participation. Parents and teachers also participate. Stokes Wood took a full and active part in the London Olympics 2012, 2016 and 2021 preparation and celebrations, starting with a visit to Downing Street in December 2011 for the launch of the School Games, a day visit from Wenlock, a full blown opening and closing ceremony, a paralympic programme of activities. In 2012 a school group went to see the torch leave the Space Centre at 7am, a visit from several Olympic Torch bearers, a presentation at Abbey Park torch party and a presentation to Sebastian Coe in September. The school was also visited by Karina Bryant, bronze medallist in Judo. Stokes Wood received the award for School Sport at the Leicestershire Sports Trust Award Ceremony in December 2012, the Sports Premium award in 2018 and the Youth Sport Trust Outstanding Practice in Primary Schools National Award in 2022. The many aspects of PE and School Sport are recognised as important by pupils and staff: health and leisure for life, sporting values and ethos, excellence, participation, equality, team work, mental health and emotional well-being etc. The Stokes Wood ethos and mission statement mirror the Olympic and Paralympic values. The Head teacher is an advocate for Sport and PE in Primary Schools and supports the School Sports Partnership Network events fully. The Head teacher sits on the Governance Board for the Leicester School Sports and Physical Activity Network (Inspire Together) and the Leicester and District Primary Schools Football Association (now part of Inspire Together) and supports colleagues in local schools. From August 2015 to August 2023 Stokes Wood employed a designated PE teacher for the teaching of PE, Sport and healthy lifestyle. Since August 2023, after training a teaching assistant to level 5 in Primary School PE and Sport, the TA applied for the position of sports coach and she has continued the excellent delivery of curriculum PE and organisation of extra-curricular clubs and competition. Other staff and coaches from Leicester City in the Community Trust support her in teaching using their expertise and new learning gained to great advantage for the children. Since the academic year 2015/16 there has been an increase in children participating in a range of different sports both in lessons as well as extra-curricular activities year on

year. The school has taken part in raising money for numerous charities using sport as the catalyst including sponsored skips for the British Heart Foundation and Leicester Children Holiday Homes, sponsored walks and sports relief days. Sports/playground leaders are trained each year. These children help take responsibility for organising and running events including the KS1 sports days and for example, the European Football tournament in school. They also work with the children on the KS1 playground offering different games and sports during lunchtime each day. Stokes Wood has been successful competing in a variety of sports and has had the privilege of representing West Leicester at the Leicestershire and Rutland School Games in Gymnastics, Girls Football, Hockey, Basketball, Indoor Athletics, Cross Country, Inclusive sports, High 5 Netball and others sports too. We are proud that all our children have the opportunity to represent the school in competitive sporting activities. Those with special educational needs and disabilities have excelled in boccia, curling, indoor and outdoor athletics. All pupils enjoy learning how to play inclusive and disability sports and activities. In the academic year 2021-22 we had 59.4% of KS2 children participating in at least one extracurricular club. At Stokes Wood we aim to offer a range of clubs free of charge before school, during lunchtime and after school. Key Stage 2 Children have completed over 139,051 miles in our daily mile challenge since we started in 2016. Our Key Stage 1 children have taken part in the daily structured activities at lunchtime as well. There has been an emphasis on increasing the number of children who have represented the school at sporting events. In 2022-23 97.5% of Key Stage 2 children have represented the school in a variety of different sports through the Leicester City School Sports Partnership (Inspire Together) who have delivered the majority of the Level 2 School Games events. Our focus has been to raise the number of different groups participating including 97.8% of the girls in school, 87% of the Pupil premium children, 88% of EAL and 100% of the SEND children. We have worked with LFCCT (Leicester City Football Club Football in the Community Trust) to support the delivery of high-quality PE and upskilling members of staff who have been working with the qualified coaches to ensure high quality PE lesson are delivered to all children. Stokes Wood has achieved the School Games Silver Kite Mark in 2012-13, 2013-14, 2014-15 and the School Games Gold Kite Mark in 2015 – 16, 2016 – 17, 2017- 18 and 2018-19. During the academic years 2019-2020 and 2020-2021 when the Pandemic hit schools, Stokes Wood continued to promote physical activity at school for the vulnerable and keyworker children with twice daily sessions, face to face and via zoom and for those at home via zoom. Over 110 pupils from home attended daily as well as all those in school. The school continued to compete virtually and achieved numerous successes in the various competitions, culminating in being the school which competed in all events available and the school with the most participants in those events. The school has now been awarded the PLATINUM SCHOOL GAMES MARK. The new all-weather Daily Mile track ensures that all pupils at the school can take part in this daily activity, whatever the weather.

Physical Education and activity, physical health and healthy life style, emotional well-being, and life long habit building remains a priority at Stokes Wood Primary School for pupils, families and staff.