

P.E. – Long Term Overview



| | <u>EYFS</u> | <u>Y1</u> | <u>Y2</u> | <u>Y3</u> | <u>Y4</u> | <u>Y5</u> | <u>Y6</u> |
|---------------|---|--|--|---|---|---|---|
| Unit 1 | <p>Nursery: Fundamental Movements</p> <p>Reception: Fundamental Movements</p> | <p>ABC - Agility, Balance and Co-ordination</p> <p>Object Tracking</p> | <p>ABC - Agility, Balance and Co-ordination</p> <p>Object Tracking</p> | <p>Tag Games</p> <p>Object Tracking</p> | <p>Sending and Receiving using Implements (Hockey)</p> <p>Sending and Receiving using Feet (Football)</p> | <p>Net and Wall Games (Tennis)</p> <p>Tag Rugby</p> | <p>Tag Rugby</p> <p>Sending and Receiving using Feet (Football)</p> <p>Swimming</p> |
| Unit 2 | <p>Nursery: Gymnastics</p> <p>Reception: Gymnastics</p> | <p>Gymnastics - large apparatus</p> <p>Parachute Games</p> | <p>Dance</p> <p>Gymnastics - floor</p> | <p>ABC - Agility, Balance and Co-ordination</p> <p>Gymnastics</p> | <p>OAA - Outdoor and Adventurous Activities</p> <p>Tag Games</p> | <p>Ultimate Frisbee</p> <p>Gymnastics</p> | <p>Gymnastics</p> <p>Netball</p> <p>Swimming</p> |
| Unit 3 | <p>Nursery: Balancability</p> <p>Reception: Balancability</p> | <p>Outwitting and Opponent</p> <p>Dance</p> | <p>Gymnastics – large apparatus</p> <p>Parachute Games</p> | <p>Dance</p> <p>Sending and Receiving using Feet</p> | <p>Gymnastics</p> <p>ABC - Agility, Balance and Co-ordination</p> | <p>OAA - Outdoor and Adventurous Activities</p> <p>Swimming</p> <p>Target Games</p> | <p>Sending and Receiving using Implement (Hockey)</p> <p>Dance</p> |
| Unit 4 | <p>Nursery: Dance</p> <p>Reception: Dance</p> | <p>Gymnastics – Floor</p> <p>Small-sided Games</p> | <p>Outwitting and Opponent</p> <p>Small-sided Games</p> | <p>OAA - Outdoor and Adventurous Activities</p> <p>Target Games</p> | <p>Dance</p> <p>Sending and Receiving using Hands (Rugby)</p> | <p>Target Games (Golf)</p> <p>Dance</p> <p>Swimming</p> | <p>OAA - Outdoor and Adventurous Activities</p> <p>Target Games (Golf)</p> |
| Unit 5 | <p>Nursery: Team Games</p> <p>Reception: Team Games</p> | <p>Sending and Receiving using Feet</p> <p>Net and Wall Games</p> | <p>Striking and Fielding</p> <p>Sending and Receiving using Implements</p> | <p>Athletics</p> <p>Sending and Receiving using Implements</p> | <p>Athletics</p> <p>Target Games</p> | <p>Striking and Fielding</p> <p>Net and Wall Games (Tennis)</p> | <p>Athletics</p> <p>Net and Wall Games</p> |
| Unit 6 | <p>Nursery: Sports Day, Parachute Games</p> <p>Reception: Sports Day, Parachute Games</p> | <p>Sending and Receiving using Implements</p> <p>Striking and Fielding</p> | <p>New and Wall Games</p> <p>Sending and Receiving using Feet</p> | <p>Net and Wall Games</p> <p>Striking and Fielding</p> | <p>Striking and Fielding</p> <p>Net and Wall Games</p> | <p>Athletics</p> <p>Sending and Receiving using Feet (Football)</p> | <p>Handball</p> <p>Striking and Fielding</p> <p>Swimming Catch-Up</p> |