

P.E. – Long Term Overview



	<u>EYFS</u>	<u>Y1</u>	<u>Y2</u>	<u>Y3</u>	<u>Y4</u>	<u>Y5</u>	<u>Y6</u>
<b>Unit1</b>	<p><b>Nursery:</b> Fundamental Movements</p> <p><b>Reception:</b> Fundamental Movements</p>	<p>ABC - Agility, Balance and Co-ordination</p> <p>Object Tracking</p>	<p>ABC - Agility, Balance and Co-ordination</p> <p>Object Tracking</p>	<p>Tag Games</p> <p>Object Tracking</p>	<p>Sending and Receiving using Implements (Hockey)</p> <p>Sending and Receiving using Feet (Football)</p>	<p>Net and Wall Games (Tennis)</p> <p>Tag Rugby</p>	<p>Tag Rugby</p> <p>Sending and Receiving using Feet (Football)</p> <p>Swimming</p>
<b>Unit2</b>	<p><b>Nursery:</b> Gymnastics</p> <p><b>Reception:</b> Gymnastics</p>	<p>Gymnastics - large apparatus</p> <p>Parachute Games</p>	<p>Dance</p> <p>Gymnastics - floor</p>	<p>ABC - Agility, Balance and Co-ordination</p> <p>Gymnastics</p>	<p>OAA - Outdoor and Adventurous Activities</p> <p>Tag Games</p>	<p>Ultimate Frisbee</p> <p>Gymnastics</p>	<p>Gymnastics</p> <p>Netball</p> <p>Swimming</p>
<b>Units3</b>	<p><b>Nursery:</b> Balanceability</p> <p><b>Reception:</b> Balanceability</p>	<p>Outwitting and Opponent</p> <p>Dance</p>	<p>Gymnastics – large apparatus</p> <p>Parachute Games</p>	<p>Dance</p> <p>Sending and Receiving using Feet</p> <p>OAA - Outdoor</p>	<p>Gymnastics</p> <p>ABC - Agility, Balance and Co-ordination</p>	<p>OAA - Outdoor and Adventurous Activities</p> <p>Swimming</p> <p>Target Games</p>	<p>Sending and Receiving using Implement (Hockey)</p> <p>Dance</p> <p>OAA - Outdoor and</p>
<b>Unit 4 Units</b>	<p><b>Nursery:</b> Dance</p> <p><b>Reception:</b> Dance</p>	<p>Gymnastics – Floor</p> <p>Small-sided Games</p>	<p>Outwitting and Opponent</p> <p>Small-sided Games</p> <p>Striking and</p>	<p>and Adventurous Activities</p> <p>Target Games</p> <p>Athletics</p>	<p>Dance</p> <p>Sending and Receiving using Hands (Rugby)</p>	<p>Target Games (Golf)</p> <p>Dance</p> <p>Swimming</p> <p>Striking and</p>	<p>Adventurous Activities</p> <p>Target Games (Golf)</p>
<b>Units5</b>	<p><b>Nursery:</b> Team Games</p> <p><b>Reception:</b> Team Games</p>	<p>Sending and Receiving using Feet</p> <p>Net and Wall Games</p>	<p>Fielding</p> <p>Sending and Receiving using Implements</p> <p>Net and Wall Games</p>	<p>Sending and Receiving using Implements</p> <p>Net and Wall Games</p>	<p>Athletics</p> <p>Target Games</p>	<p>Fielding</p> <p>Net and Wall Games (Tennis)</p> <p>Athletics</p>	<p>Athletics</p> <p>Net and Wall Games</p>
<b>Unit6</b>	<p><b>Nursery:</b> Sports Day, Parachute Games</p> <p><b>Reception:</b> Sports Day, Parachute Games</p>	<p>Sending and Receiving using Implements</p> <p>Striking and Fielding</p>	<p>Sending and Receiving using Feet</p>	<p>Games</p> <p>Striking and Fielding</p>	<p>Striking and Fielding</p> <p>Net and Wall Games</p>	<p>Sending and Receiving using Feet (Football)</p>	<p>Handball</p> <p>Striking and Fielding</p> <p>Swimming Catch-Up</p>